

UNIVERSITY OF THE  
DISTRICT OF COLUMBIA

COLLEGE OF AGRICULTURE, URBAN SUSTAINABILITY  
AND ENVIRONMENTAL SCIENCES

# 4-H YOUTH FARM-TO-TABLE WORKSHOPS

## Lamond-Riggs Farmers Market

- ✓ Open to Youth Ages 6–18
- ✓ Hands-on Gardening & Healthy Recipe-making Activities
- ✓ FREE to Attend
- ✓ Learn about Herbs, Nutrition, and Urban Agriculture

### Dates

**June 26** - All About Herbs & Pesto

**July 17** - Garden Lemonade

**August 14** - Micro-Greens Salad

### Available Time Slots

4:30 - 5:10 PM

5:30 - 6:10 PM

6:30 - 7:10 PM

Explore how herbs are grown, harvested, and used to create healthy snacks.

Reserve your spot at the table. Scan QR code.



5171 South Dakota Ave NE, Washington, D.C.  
udc.edu/causes | causes@udc.edu | 202-274-7124

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The University of the District of Columbia is accredited by the Middle States Commission on Higher Education, 1007 North Orange Street, 4th Floor, MB #166, Wilmington, DE 19801, 267-284-5011.

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